

### **MISSION**

Newington Challenge Course is committed to the philosophy and tenets of experiential education and challenge by choice offering participants the encouragement to be involved at their own pace and comfort level.

#### **BENEFITS**

- Communication
- Trust
- Strategic Planning
- Risk Taking
- Creative Thinking
- Integrity
- Increased Self-Confidence
- Conflict Resolution
- Valuing Differences

#### FOR MORE DETAILS:

About programming and pricing, please call: Rik Huggard 860-665-8594

or email:

rhuggard@newingtonct.gov

# Newington Human Services 131 Cedar Street

**NEWINGTON CHALLENGE COURSE** 

Newington, CT 06111



Challenge By Choice



## What is a challenge course?

It is a specially designed obstacle course set up with unique elements, low and high, that foster group development. A low element is any activity set up 0 to 4 feet above the ground. A high element is generally from 15 to 40 feet above the ground and require a climbing harness and a belayer. We also have a zip line!

You can discover more about a person in one hour of play than in a year of conversation

Plato

In addition to low and high elements, there are plenty of grassy areas for large group games, small group initiatives, and end-of-the-day reflections.

We provide adventure and teambuilding experiences for all types of organizations including schools, college organizations, athletic teams, corporate groups and church youth groups. Please contact us if you would like to inquire about an event for your group.

Newington Challenge Course is located at 281 Milk Lane in Newington, CT.

Contact: Rik Huggard at (860) 665-8594 or email: rhuggard@newingtonct.gov